

## PERSONAL DETAILS

First Name: Last Name:  
 Date of Birth: Gender:  
 Postal Code: Phone: Email:

## EMERGENCY CONTACT

First Name: Last Name: Phone:

## ITINERARY DETAILS

Destination 1:	Date of Departure:	Return Date:
Destination 2:	Date of Departure:	Return Date:
Destination 3:	Date of Departure:	Return Date:
Destination 4:	Date of Departure:	Return Date:
Destination 5:	Date of Departure:	Return Date:

Any further itinerary information (eg. any overland trips, further planned trips etc.)

Will you be away from medical help at any of these destinations? Yes No Not sure

Type of trip:	Travelling party:	Accommodation:	Staying in an area that is:
Business	Alone	Hotel	Urban
Pleasure	Family/Friend	Family/Friend Home	Rural
Other	Other	Other	Altitude

Holiday type:	Planned activities:	Other activities:
Package	Safari	
Self-organized	Adventure	
Backpacking	Other	
Camping		
Cruise ship		
Trekking		

## HEALTH HISTORY

Do you have any recent or past history of note? (including diabetes, heart or lung conditions etc)

Yes          No

If yes, please explain:

List any current or repeat medications (state 'No' if not applicable):

Do you have any allergies for example to eggs, antibiotics, nuts or latex?

Yes          No

Have you had a serious reaction to a vaccine given to you before?

Yes          No

If yes, please explain:

Does having an injection make you feel faint?

Yes          No

Do you or any close family members have epilepsy?

Yes          No

Do you have any history of mental illness including depression or anxiety? (for anti-malarial purposes)

Yes          No

Have you recently undergone radiotherapy, chemotherapy or steroid treatment?

Yes          No

If yes, please explain:

Are you pregnant, planning pregnancy or breastfeeding?

Yes          No

## HEALTH HISTORY

Have you taken out any travel insurance, and if you have a medical condition, informed the insurance company about this?

Yes          No

Please write below any further information which may be relevant:

Vaccination history:

Tetanus	Hepatitis A	Influenza	Malaria Tablets
Polio	Hepatitis B	Rabies	Other
Diphtheria	Meningitis	Jap B Enceph	Unsure - <i>can speak with</i>
Typhoid	Yellow Fever	Tick Bourne	<i>pharmacists at appointment</i>

If you selected any of the above, let us know when you had these:

By signing and submitting this form I confirm the information provided is accurate and I give permission for D&M Pharmacy to use this information to assess and advise on my travel health needs.

**Signature: please sign below (don't worry if you are having trouble, we can take your signature again in clinic)**